



*pointe*  
dance boutique

## performance survival kit

### checklist:

- extra tights
- hairnets, hair pins,  
hair spray
- sticky strips
- stitch kit, safety pins,  
small scissors
- hand sanitizer
- bottled water, healthy  
snacks, mints, etc.
- first aid (neosporin, band-  
aids, ace bandage, pain  
reliever, etc.)
- tissues
- stage makeup
- makeup removal wipes
- false eyelashes
- pointe shoe pads, ribbons,  
elastic, lambs wool, knot  
keepers, toe tape, etc.